

sparcs

annual report 2019-2020





sp arcs

The logo consists of the lowercase letters 'sp arcs' in a light gray, sans-serif font. A thin, light gray line forms a large arc that starts at the top left, loops over the 's' and 'p', and ends at the bottom right. Two starburst patterns, composed of multiple thin lines radiating from a central point, are integrated into the design: one is positioned behind the 's' and 'p', and the other is positioned behind the 'r' and 'c'.

about sparcs

sparcs scio was established in 2012 to develop and sustain existing activities which were in great demand but in danger of being lost due to reorganisation of groups within the local area of the Gorbals.

sparcs encompasses two main strands of work.

One being the children's clubs in the Gorbals and Toryglen. The other main strand of work being the Cook Safe Healthy Cooking programme carried out in partnership with the Scottish Fire and Rescue Service.

Both of these pieces of work have been developed with years of experience and support from partner agencies and the local communities where they operate.

mission statement

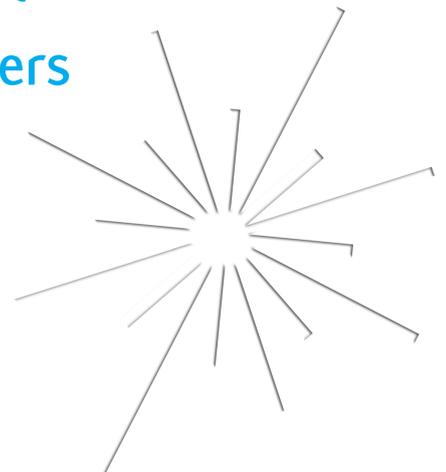
“To achieve a safer, healthier and better community experience through our activities for those who participate and the wider community we live in.”



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chairperson's remarks

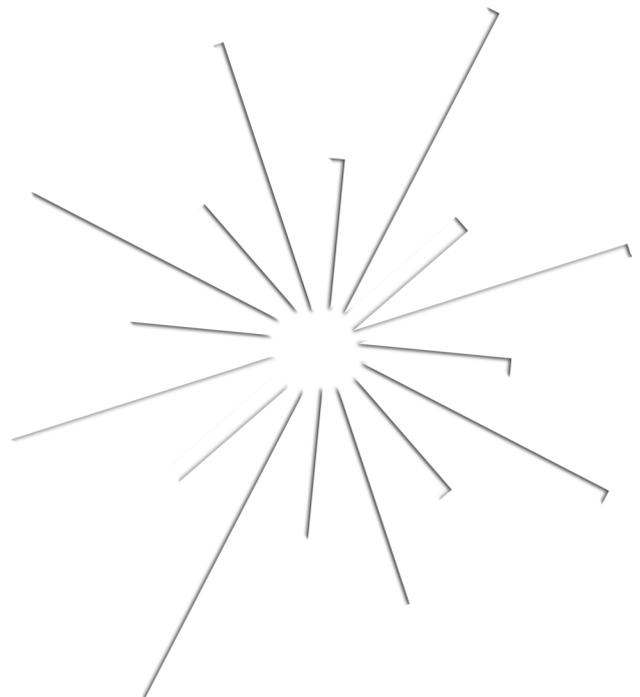
It gives me great pleasure on behalf of the Board of Trustees that I present to you the Annual Report for 2019/2020.

I hope that you agree after reading this report, that Sparcs has gone from strength to strength and has become an integral part within the local community.

The trustees would like to thank all of the funders and organisations that have contributed and donated in this financial year. Without these grants and donations we would not have been able to achieve our aim of a safer, healthier and better community experience through our activities for those who participate and the wider community we live in. As a result of successfully securing funding and donations we have been able to maintain consistency in what we do and look forward to continuing to deliver our programmes.

We recognise the hard work and dedication of the staff in managing the services we provide both to individuals and to organisations, and we also know that none of this is achievable without the many hours given by the volunteers to enable us to carry out these services. It is impossible to emphasise our gratitude to all who contribute through SPARCS to enable us to carry out the services that we provide for the wider community.

Elizabeth Cosh
Chairperson



project co-coordinators report

Within my role as Project Co-ordinator I am heavily involved within the community.

I am very passionate about the work I deliver and aim at all times to provide a safe and friendly environment for participants to take part in the programmes that we provide. I am very hands on and I feel that the relationships that I have built up and continue to build with our

service users enables me to achieve a far better understanding of what the community's needs are. I feel very strongly that our service users are pivotal to all of the programmes and try to ensure that they get the best possible experience from participating in them.

All of the programmes offered are structured in such a way that they are open to all and where possible can be adapted to support individual's needs adhering to Health & Safety at all times. Service user feedback is crucial to my role as I use this as a tool to make necessary changes and meet the communities ever changing needs.

I am responsible for the following programmes Alsorts, Blaze and Diamonds Children's Activity Programme and the Cook Safe Programme which is run in partnership with Scottish Fire and Rescue Service. Both programmes have been hugely successful.

I would like to thank everyone involved for their continued support.

Lorraine Devine
Project Coordinator



children's activity programme



We currently have 3 children's clubs running Blaze and Alsorts run on a Monday and Wednesday 4pm – 6pm and are based in the St. Francis Centre, in the Gorbals. Diamonds runs on a Tuesday 4pm – 6pm and is based in the Toryglen Community Hall, Toryglen.

In April 2019 we had to make the very difficult decision to close 2 clubs due to funding restraints. After a lot of discussion it was decided that Blaze and Champs would close with a view to reopening if funding was secured. We secured funding to reopen Blaze club and to date Champs has remained closed.

All of the club activities are free of charge, which reduces the pressures on families who are income deprived and helps promote equality. This enables them to access services and activities which they may ordinarily not be able to afford. We currently have 90 children registered.

The children from the 3 clubs have all enjoyed learning a variety of life skills.

A number of the children have taken part in a basic first aid programme in which they were taught how to place someone in the recovery position, how to contact the emergency services, bandaging (this was made fun by adding fake blood) and resuscitation.



The children have also been introduced to healthy eating by the introduction of a variety of 8 fruits at break time within the clubs. We are aware that some of the children who attend the clubs are young carers caring for elderly grandparents or their younger siblings and the clubs allow the children to escape their every day pressures and enjoy spending time with their peers.

We have received a number of visits from Polmadie Community Fire Station Personnel they have provided interactive discussions with the children at key dates i.e. School holidays, Halloween and Bonfire Night.

The children are given the opportunity to interact with the crews and are given the opportunity to sit in the Fire appliance and try on the Firefighters kit. Home Fire Safety visits are offered to all families with the opportunity to prepare a personalised home evacuation plan.

The children enjoyed an Easter party with lots of games and treats. We also had a fantastic Halloween disco where the children got to dook for apples and enjoy some spooky games and stories.

90 children from the 3 clubs attended an action packed day out at Springfield Quay enjoying a trip to the Odeon Cinema, Panda Cuisine for lunch then onto Hollywood Bowl. The three clubs came together for a winter wonderland Christmas party, Santa and his little helpers arrived and participated with the children in a range of fun activities and dancing. The children all received a selection box gloves, torch and an Olaf toy. The crew's attended the party and the children delighted in singing their Christmas songs which they had been practicing for months.

The clubs are all growing from strength to strength and we are looking forward to introducing some new exciting activities for the children.



cook safe report

The Cook Safe Programme is delivered in partnership with the Scottish Fire and Rescue Service and is designed to promote healthy eating to challenge people's perception of risk and make them safer within their homes, ultimately making them safer within their communities. We aim to provide practical demonstrations, cooking classes, provide advice and information on home and fire safety.



The Cook Safe Programme is open to all with particular attention paid to targeting the more vulnerable groups within our society. Cook Safe demonstrations benefit individual's right across the community and have been of particular use in tackling issues surrounding addiction, long term conditions, mental health problems and physical disability. These are all areas where it is traditionally difficult to engage but through Cook Safe it has been possible to break down these barriers.



Cook Safe has been delivered in over 36 venues which include community halls, sheltered housing complexes, women's refuge's, adults supported living, schools and nursery's in the South East and has been very successful with 348 of the local community benefiting from this programme.

We have expanded the Cook Safe programme into the North West & North East of the City and delivered 9 sessions to 237 members of the community, these sessions have been delivered within a variety of venues including mother and toddler groups, sports centres, sheltered housing complexes to name but a few.

We would like to thank the Scottish Fire and Rescue Service for their continued support. Cook Safe will continue to expand into other areas and has been instrumental in helping to reduce the number of unwanted call outs.

people & partners

Staff

Project coordinator: Loraine Devine

Volunteers: Cathrine Skelton
Melissa Blyth
Barry Ferran

Sessional staff: Marlyn Adams
Christopher Ferran
Neil Collins

Committee

Current trustees

The trustees in office on 31st March 2020 were:

Chairperson:	Elizabeth Cosh
Treasurer:	Cathrine Skelton
Secretary:	Melissa Blyth
Trustees:	Patricia Officer David Campbell Brian Deveney

partners/funders

We would like to give grateful thanks to all our partners and funders for supporting us in the work we deliver. Their support is invaluable and much appreciated.

Scottish Fire and Rescue Service

Lloyds TSB

The Corra Foundation

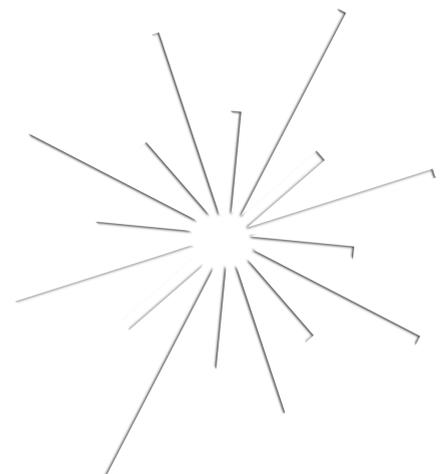
White Dove Spiritualist Church

Bank of Scotland Foundation

Community Awards Big Lottery

New Gorbals Housing Association

Disney Store



financial

Receipts & Payments Financial Period 1 April 2019 - 31 March 2020

	Unrestricted Funds 2020	Restricted Funds 2020	Total 2020	Total 2019
Receipts				
Donations	1,673	0	1,673	3,679
Grant Income	0	14,606	14,606	20,930
Total Receipts	£ 1,673	£ 14,606	£ 16,279	24,609
Payments				
Staff Costs	0	11,138	11,138	20,482
Relating to charitable activities	0	5,709	5,709	6,425
Travel/Outings	0	995	995	1,466
Rent/Hall Hire	0	2,919	2,919	4,391
Governance Costs	288	0	288	276
Total Payments	£ 288	£ 20,761	£ 21,049	33,040
Net Movement in Funds	£ 1,385	£ -6,155	£ -4,770	-8,431
Total Funds Brought Forward	£ 4,161	£ 0	£ 4,161	12,592
Total Funds Carried Forward	£ 5,546	£ -6,155	£ -609	4,161

Balance Sheet Financial Period 1 April 2019 - 31 March 2020

	Unrestricted Funds 2020	Restricted Funds 2020	Total 2020	Total 2019
Funds at start of year				
Cash at Bank	£ 4,161	£ 0	£ 4,161	12,592
Surplus/Deficit for Year	£ 1,385	£ -6,155	£ -4,770	-8,431
Bank Balance	£ 5,546	£ -6,155	£ -609	4,161
Other Assets-restricted fund				
Grant receivable	£		8,350	0
Total			8,350	0

Approved by the Trustees and signed on their behalf

Signed: Cathrine Skelton

Designation: Treasurer

Date: 10 August 2020



sp arcs

The image shows a stylized logo for the word "sp arcs". The letters "sp" are in a lowercase, rounded font, while "arcs" is in a similar lowercase font but with a slightly different style. A thin, light gray arc starts from the top left, loops around the "sp", and then extends horizontally under the "arcs". Two starburst patterns, composed of multiple thin lines radiating from a central point, are integrated into the design: one is positioned behind the "p" and the other is behind the "s".

alsorts

blaze

diamonds



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Glasgow G42 0LA

sparcs scottish charitable incorporated organisation charity no: SCO42880